Take care of your plates

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IWF

For a lifetime of lifting

Eleiko IWF Weightlifting Plates User Guidelines

Congratulations on purchasing Eleiko IWF Weightlifting Plates. Here is some general information and advice on how to best take care of your them in order to make them last as long as possible. We wish you many years of happy lifting!

At Eleiko, we design products to deliver sustainable and durable performance, utilizing the finest materials, high-quality components, and manufacturing practices to optimize product longevity. As with any product, its lifetime performance depends on how it is used, treated, cared for, and maintained.

This guideline outlines recommendations on how to care for your products to ensure proper function, product longevity, and lifter safety. Eleiko product warranties are contingent on following the Eleiko Product Care Guidelines. Warranties may be voided for any product damaged due to negligence or faulty use, alteration or improper cleaning, maintenance, storage, repair, installation, or handling by the user. Please note that normal wear and tear is not covered by the product warranty. Warranty claims on products will be reviewed on a case-by-case basis and we take our commitment to quality seriously.

Installation and general care

As you build your training space, it is important to take all the necessary actions to ensure lifter safety. Strength training inherently involves some level of risk to the user. To ensure safety: use quality equipment; properly install and maintain equipment; educate yourself, your staff or your members on proper handling and use of equipment; and always use common sense when training.

- Install equipment on a stable and properly leveled base, and properly secure all equipment, especially wall-mounted pieces and benches and racks with bolt down holes.
- Regularly inspect equipment to ensure bolts are properly tightened and equipment is performing as designed. Do not use equipment that appears to be damaged or have missing parts. If in doubt, consult an Eleiko representative before product use.
- Do not repair any equipment before consulting with an Eleiko service technician. Do not replace Eleiko components with other manufacturers' components (e.g. magnetic safety pin, frames, bars etc.). Do not improvise.

Use and maintenance

- Plates shall only be dropped on platforms or surfaces designed for this particular purpose, such as weightlifting platforms and podiums.
 For any weightlifting activity, we recommend a minimum of 30 mm rubber flooring.
- Regularly inspect plates and immediately tighten any loose screws with the appropriate tooling. Consult Eleiko customer service at customerservice@eleiko.com if you are unsure how to tighten them properly. Never use a plate with loose screws.
- Always use collars on each end of the bar to prevent any movement of the plates during the lift.

Cleaning and care

- Apply a mild soap detergent such as Eleiko Clean to a lint free cloth, then wipe down product surface.
- For disinfection, we recommend alcohol-free, bleach-free, and o-phenylphenol (OPP) ammonia free wipes. Alcohol and chlorinebased products will damage the rubber, causing it to deteriorate over time.

Storage

• Do not store in direct sunlight.

Warranty

• 10 years

Warranty is valid only if the above product care guidelines are followed. Indoor use only. Normal wear and tear do not fall under warranty. The product shall be free from defects in material and workmanship for the warranty time. For purposes of this limited warranty, warranty coverage ends when the applicable product becomes unusable for reasons other than defects in workmanship or material/faulty design. This 10-year warranty applies only to the original purchaser of the product for so long as the original end-user customer owns the product. This warranty time is non-transferable. Visit eleiko.com for more information, inspiration, education and precision crafted products.

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